



Standard First Aid – CPR C Blended Program

Course Overview:

An innovative, web-based delivery method for First Aid, Cardio-Pulmonary Resuscitation (CPR) and Automated External Defibrillator (AED). It combines theory with traditional classroom practical exercises and evaluation to provide participants with the knowledge and skills to confidently handle basic emergency situations until medical help arrives.

Who Should Take the Course?

This online course is designed for those requiring Standard First Aid, CPR and AED. This course is compliant with the workplace health and safety requirements of Standard First Aid, and also meets Federal requirements for Standard First Aid.

Course Objectives:

The purpose of this course is to provide a solid understanding of the best ways to provide care to people with injuries and illnesses. The course is structured to introduce the participant to increasing levels of emergency care.

The course is presented in 18 modules:

1. Roles and Responsibilities
2. Casualty Management - Unresponsive
3. Casualty Management – Responsive with Head/Spinal
4. Adult Resuscitation
5. Choking
6. Severe Bleeding
7. Medical Conditions
8. Child Resuscitation
9. Infant Resuscitation
10. Secondary Survey
11. Wound Care
12. Burns
13. Eye Injuries
14. Bone and Joint Injuries
15. Chest Injuries
16. Heat and Cold Injuries
17. Rescue Carries
18. Two Rescuer CPR

Evaluation Process:

At the end of each module, there is a test. Participants must successfully complete the test before continuing to the next module. Participants that do not achieve 80% on the test will not progress to the next module, but can review the module and re-challenge the test until a passing mark is achieved. Following completion of all online modules, it is recommended that the participant arranges for the practical testing within 14 days.

Upon successfully completing all modules, a proof of completion is available for print. This must be taken to the practical session.

Course Duration:

This online course is self-paced. Participants may leave the course at anytime and can resume where they left off. The duration will depend on the individual participant and their prior knowledge of the subject matter. On average, each module will take between 30 to 45 minutes to complete.